

STRENGTH AND CONDITIONING REGISTRATION 2018

Student Name:		<input type="checkbox"/> Male	<input type="checkbox"/> Female
Birthdate:	2018-19 Grade:	Current School:	
Parent/ Guardian Name:	Home Phone:	Emergency Phone:	
Street/City/Zip:			
Email Address:		Parent/Guardian signature:	
Student's special needs:			
Student's allergies:			

Please check desired course:

- Middle School Strength, Speed and Conditioning
(Grades 7 & 8) 9:30-11:00
- High School Male Strength, Speed and Conditioning
(Grades 9-12) 8:00-9:30
- High School Female Strength, Speed and Conditioning
(Grades 9-12) 8:45-10:15

Advanced Strength, Speed and Conditioning - **APPROVAL REQUIRED**
(Grades 10-12 grades)

6:30-8:00

OR

7:15-8:45

_____ Instructor's signature